

Korumburra Physiotherapy & Pilates Clinic

Clinical Exercise/Pilates Classes

| | <u>Monday</u> | <u>Tuesday</u> | Wednesday | <u>Thursday</u> | <u>Friday</u> |
|---------|----------------------|----------------|-----------|-----------------|------------------------------------|
| | | | | | |
| Morning | • 9:30am | | | • 10am | 9am10am |
| Evening | • 5:45pm • 6:45pm | • 6:30pm | | • 6:15pm | |

- Initial 45 minute 1:1 Assessment required with physiotherapist prior to joining classes.
- T & C's apply
- Pricing as follows:
 - o Individual class @ \$40
 - o Packages 10 @\$34 per class, 5 @ \$36 per class.
- All classes and consultations are claimable via private health (depending on your level of private health insurance)